**Proceedings - 11th International Congress of Food Technologists, Biotechnologists and Nutritionists – Instructions for Authors**

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**Abstract**

This is the abstract (max. 300 words). It should concisely summarize the aims, methods, results, and conclusions of the paper.

Keywords: *keyword1, keyword2, keyword3, keyword4, keyword5* (up to five keywords separated by commas)

# I. INTRODUCTION

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# II. WRITING THE PAPER

*Paper size*: Select the custom paper size, i.e. letter size 8.5’’ × 11’’ (or 21.59 cm × 27.94 cm).

*Length*: The maximum length of a paper is five pages. Abstracts only will not be published.

*Margins*: The margin layout should be "normal". Leave a margin of 1’’ at the top and bottom, on the left and right side.

*Page layout*: Write the paper in one column. The text should be left and right justified.

*Fonts*: Use Georgia font, size 11, for main text.

*Title*: The title should not be longer than two lines. Avoid abbreviations. Center the title (14 point bold).

*Style*: Use separate sections for Introduction, Materials and Methods, Results and Discussion, Conclusions, Acknowledgements (when appropriate), and References.

*Headings*: Enumerate chapter headings using Roman numerals (I., II., etc.), ALLCAPS, font size 12, bold. Sub-chapter headings should be enumerated using capital letters (A., B., etc.), font size 11, italics.

*Main text*: Use font 11, single-spaced, with 6 pt. before/after spacing. Only use italics for Latin words if you want to emphasize particular parts of the text. Begin with an indented paragraph (0.16’ or 0.4 cm). Spell check with English (US). Add one line spacing between paragraphs.

Font sizes and styles to be used in the paper are summarized in Table 1.

## *A. Tables and figures*

*Tables*: Insert tables where appropriate, as close as possible to where they are mentioned in the text. Enumerate them consecutively using Arabic numbers and give each table a heading (e.g. Table 1, Table 2). Use font 11 regular for Table captions, font 10 regular for the table data and font 8 for the table legend. Place table captions above and table legend below the table.

**Table 1.** Font sizes and styles

|  |  |  |
| --- | --- | --- |
| **Item** | **Font Size**  | **Font Style** |
| Title | 14 | Bold |
| Author | 12 | Regular |
| Authors- info | 10 | Regular |
| Keywords | 11 | Italic |
| Main text | 11 | Regular |
| Chapter headings | 12 | ALLCAPS, Bold |
| Chapter subheadings | 11 | Italic |
| Table caption | 11 | Regular |
| Table data | 10 | Regular |
| Table legend  | 8 | Regular |
| Figure caption | 11 | Regular |
| Figure legend | 8 | Regular |

*Figures*: Insert figures where appropriate, as close as possible to where they are mentioned in the text. Enumerate them consecutively using Arabic numbers and provide a caption for each figure (e.g. Fig. 1, Fig. 2). Use font 10 regular for Figure captions and font 8 regular for figure legend. Place the figure legend below the figures and position it in the center of the text. Do not use characters smaller than 8 points within figures. Figures are going to be reproduced in color in the electronic versions of the Proceedings.



**Fig. 1.** Logo of the Congress

Please note the distinction between tables and figures: tables contain only alphanumeric characters and no graphic elements.

*Equations*: To insert equations, use the equation editor. Enumerate the equations using Arabic numbers in brackets on the right-hand side of the equation.

# IV. CONCLUSIONS

Summarize the major findings and implications concisely.

## ACKNOWLEDGEMENT

Optional funding or collaboration notes. Format the Acknowledgement headline without numbering.

## REFERENCES

Format References headings without numbering.

Citations in the text should follow the referencing style used by the American Psychological Association. We refer you to the Publication Manual of the American Psychological Association, Sixth Edition, ISBN 978-1-4338-0561-5. All citations in text should refer to: 1. Single author: the author's surname (without initials, except where unclear) and the year of publication (e.g. Allan, 2014); 2. Two authors: last names of both authors and the year of publication (e.g. Allan and Jones, 2014); 3. Three or more authors: surname of the first author followed by et al. and the year of publication (e.g. Allan et al., 2014).

List references alphabetically by the first author’s last name, left justified.

1. Cancer Research UK. (2003). Cancer statistics reports for the UK. http://www.cancerresearchuk.org

2. Strunk, W., Jr., & White, E. B. (2000). The elements of style (4th ed.). New York: Longman.

3. Van der Geer, J., Hanraads, J. A. J., & Lupton, R. A. (2010). The art of writing a scientific article. Journal of Scientific Communications, 163, 51–59.